

**PART 1**

**CHAPTERS  
1-4**

THERE ARE NO GOODBYES

Guided  
by  
Angels

My tour of the spirit world



Paddy McMahon

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**Guided By Angels: Part 1 of  
3: There Are No Goodbyes,  
My Tour of the Spirit World**

«HarperCollins»

## **McMahon P.**

**Guided By Angels: Part 1 of 3: There Are No Goodbyes, My Tour of the Spirit World / P. McMahon — «HarperCollins»,**

Guided by Angels can either be read as a full-length eBook or in 3 eBook-only parts. This is PART 1 of 3 (Chapters 1-4 of 17). Have you ever wondered if there is life after death? Where do people go when they die? Whether it's possible to keep in contact with your loved ones after they die? And are they able to help you? Will you meet them again? Guided by Angels provides answers and comfort for all of these questions, and more. For decades, Paddy McMahon has acted as a bridge between the spiritual and human realms, helping people to connect with their angels, or spirit guides. He believes that we are born with spiritual connections to one or more angels, and if we want their help in life we need to be open to receiving their assistance.

# Содержание

Guided by Angels	6
Paddy McMahon	7
Contents	8
Introduction	9
Конец ознакомительного фрагмента.	11

**There Are No Goodbyes**  
**PART 1**

## **Guided by Angels**

My tour of the spirit world

## **Paddy McMahon**



### Epigraph

Minds are like parachutes – they only function when open.  
Thomas Dewey

## Contents

[Cover](#)

Title Page

Epigraph

Introduction

1. How My Life Changed
2. Meeting Margaret Anna
3. Life after Death
4. In Come the Guides

[Back Ad](#)

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About the Publisher

## Introduction

If there is one thing of which we can all be certain, it's the fact that we are going to die. At my age (76) most of my contemporaries are already gone.

In my early 20s there were five of us – a group who used to meet regularly every Saturday for years and often during the week, as we were all involved in theatrical activities of some kind. We kept in contact, although it became sporadic as circumstances and family responsibilities took over. Four of the five are gone now, and I'm the last man standing, so to speak. And I'm not standing all that firmly, so my turn will inevitably come in the not-too-distant future.

Many of my friends and acquaintances died suddenly, and for no obvious health reasons. One man died watching television, another asleep in his bed and another playing golf. One of my friends died eating his breakfast. These are mundane activities that somehow sparked the end of a life, and I could quote many more examples. Some people that I knew died in car crashes or accidents; some committed suicide. Some of those deaths were tragic shocks; others were expected, after months or even years of illness. In some of them, old age was the obvious cause. As it will be for many of us.

In 1977, shortly before my life changed in ways that I will describe in this book, I remember looking at the body of one of my friends, Tadhg Murray, as he lay silent and cold in his coffin. He had been a very vivid, articulate man, who carried his theatrical interests into the way he related to the world. There was nothing flamboyant about him in dress or appearance, but he managed to bring a sense of colour to his descriptions of even the most humdrum of happenings. He was a gentle and very popular man, much in demand as an actor and director in amateur-dramatic circles.

As I stood looking sadly – and with an almost overwhelming feeling of loss – at his now lifeless body, it made no sense to me that all that animation would be no more. Surely the death of his body just couldn't be the end of his life, which had impacted so profoundly on all who knew him?

Less than six months after that I was introduced to a whole new world – and I didn't even have to leave my body to experience it! Because of the events that transpired then, I no longer have any fear of death. I accepted totally the continuity of life, because I was given extensive information about what happens to the departing soul in the immediate aftermath of the death of the body – and how the mindset it carries affects subsequent developments. Most important, it has been a great comfort and joy for me to learn of the help that's available to each and every soul on its passing – according to its readiness to receive help.

Fear plays a major role in all of our lives; in fact, it's unlikely that there is – or ever has been – a human being who has not known fear. Fear takes many forms, and in many ways it guides our lives. We fear the unknown, and a potential crisis around the corner; we are afraid of being thought foolish or ridiculous, or being laughed at if we express a point of view. We fear punishment (both temporal and eternal) if we fail to live up to expectations; we also fear not being loved, not being able to love and even being unable to show love in order to experience happiness. We are frightened about being unemployable, not managing financially, losing control of our mental or physical faculties, through such things as senility or accidents; we are fearful of the future, and what will happen to our children when we are not around to help them grow up to be happy and successful. And that's just the tip of the iceberg. Life is challenging for human beings on a daily basis, without even considering the fear of death. To some extent, this is the fear that overrides all other fears, and is, perhaps, the foundation upon which all other fears are based.

The word 'death' implies an ending. In between our birth and our death there are all sorts of endings, such as relationships, employment, and even mental or physical capacity. These are deaths of sorts; although not so final as the death of our bodies, they still represent the death of something that was vital and alive.

We fear death not just because we have experienced these smaller deaths as we progress through our lives, and therefore dread the possibility that there could be something worse; we fear death because it is the unknown.

What happens to us when we die is something about which we are all curious. Some people believe that when we're dead 'that's it'. Others believe that we go on – but to what? Either way we're unsure what death holds, and this strikes a chord of fear in the very heart of our beings.

This book provides answers not just to what happens when we die, but to many other questions as well. The main object of the book is to help people go through existence on earth secure in the knowledge that life continues towards complete freedom of spirit – and that there's no reason whatsoever to be afraid of death. I hope it will have an incidental effect of helping to make life easier for everyone, including, ideally, freeing us from fear, generally.

My life and the way I live it changed entirely when I discovered that we all have guardian angels/spirit guides that are available and willing to help us in all aspects of our lives, if we so wish. Some of these guides are loved ones who have passed over; others are souls at an advanced level of consciousness who want to help all others who are not yet at that stage. All are familiar with life and its challenges, and are, therefore, in a position to guide us through the minefield of potential worries that inhibit our lives.

I have been on a momentous, life-changing journey in which I have developed active communication with my own guides over many years. In this book I'll share details of that journey, with suggestions as to how others may be helped in achieving their own communication, if they so wish.

I think that one of the greatest things about life is the fact that we all have our own individual styles – we have our own way of doing things, and our own outlook on life. Our guides can help and encourage us in anything we choose to do, in whatever way we choose to do it. In no way do they impose on our free will; in fact, they encourage and help us to find our ideal form of self-expression. Spirit guides, or guardian angels as you may like to call them, are not magicians, and they do not have a 'one size fits all' approach to living. The ways they can help us are manifold, and the philosophy I have developed – and expanded, through individual consultations, workshops, talks and writing – is based on encouraging people to find and be comfortable with their lives and their individual style of living.

This book has been inspired by my communication with a soul who has acted as a spirit guide for me throughout my life – although I did not even become aware of it until I was in my 40s. Other guides have made significant contributions to the philosophy of life that suits me, and I have filtered the details of that philosophy throughout the book.

I feel deeply privileged to have survived long enough to be able to share this information with those of you who may be drawn to read it, and I hope that it may help you to see the apparent conundrum of life and death in a light-hearted and wholly reassuring way.

Paddy McMahon

## **Конец ознакомительного фрагмента.**

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